



NATIONAL PROBATION SERVICE  
for England and Wales

Cheshire

## Post-Programme Work

The positive treatment effect on the offender, resulting from participation in the programme, must be maintained over time. The Case Manager has an important role in implementing the recommendations from the end of programme review. This report will also be important in assessing the likelihood of re-offending, in identifying the risk factors associated with drink impaired driving and identifying individual offender action plans.

The key case management tasks include:

- attending a 3-way handover meeting with offender and programme tutor
- re-assessing the risk of re-offending and the level of risk the offender poses in the light of their participation on the programme. The Case Manager will use structured assessment tools to inform this assessment
- up to six post -programme sessions with the offender which focus upon:
  - the model of change
  - planning
  - knowledge
  - monitoring alcohol use
  - thinking of alternatives
  - managing emotions
  - coping with disqualification
- progressing recommendations for further work made in the post programme report.



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# Drink Impaired Drivers Programme

*A Guide for Case Managers*

## Case Management Tasks

An effective accredited programme can be enhanced, or undermined, by the quality of the case management arrangements. Offenders need to be well prepared, well motivated and given opportunities to apply new learning and to practise new behaviours during the remaining period of supervision. (See Chapter Three of the Evidence Based Practice Guide).

The key case management tasks are:

- Assessment
- Pre-Programme
- During the programme
- Post programme work

## Assessment

PSR writers and Case Managers must ensure that their assessment for “DID” is backed by a structured and prescribed pre-intervention assessment.

This assessment covers five broad areas:

- Current drink impaired driving offence
- Screening for alcohol and/or drug dependency
- Screening for learning, mental or psychological difficulties
- Literacy and numeracy screening
- Needs

## Pre-Programme

Commencement of the programme must be in line with National Standards.

To prepare offenders for the programme, work will include:

- a minimum of four pre-programme sessions with the offender. These should be motivational based on the criminogenic needs of individual offenders. They will focus on:
  - programme rules, establishing and agreeing expectations
  - motivation and planning
  - offence analysis
- resolving practical problems prior to the start of the programme (e.g. transport, dependent care responsibilities).
- emphasising that participants who complete programmes have a significantly better chance of avoiding offending in the future, than those who drop out of treatment.
- ensuring attendance at the psychometric test session.

## During the programme

In general, the principal tasks include:

- reinforcing the offender’s motivation to participate, change and learn from the programme
- resolving problems that may prevent the offender completing the programme
- modelling pro-social behaviour and not contradicting lessons learnt from the programme
- providing opportunities for offenders to practise what they have learnt
- ensuring the offender complies with the requirements of the programme and National Standards
- making arrangements outside the programme to deal with the offender’s crises/problems, should these occur
- enforcing the Order/Licence and taking breach action in appropriate cases
- regularly reviewing the supervision plan and assessments in the light of the offender’s participation in the programme
- encouraging the completion of tasks set for offenders outside of group sessions