

## When does it begin ?

- When you are sentenced at Court, the Court Duty Officer will explain to you where and when you must attend
- You will have your own Offender Manager who will make sure that you know when your appointments are. It is your responsibility to turn up



# Alcohol Activity Requirement

*Information for Offenders*

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If you need this information in another language or format, e.g. large-print, Braille, etc., please contact your Offender Manager.

The Court has sentenced you to a Community Order or a Suspended Sentence Order. There is a separate leaflet available that covers these sentences. This leaflet tells you about the Alcohol Activity Requirement that the Court has decided you must do as part of your sentence.

### **The Alcohol Activity Requirement is:**

- part of a sentence imposed on you by the Court
- a number of planned appointments to look at your alcohol use

### **The Alcohol Activity Requirement aims to:**

- help you to understand your drinking and the effects it has on you and others
- help you to reduce your drinking to safe levels

### **What you do on the Alcohol Activity Requirement**

- Have four to five planned appointments with your Offender Manager
- Talk about and do some work on your drinking, such as completing a diary showing how much you are drinking, what you are drinking and when
- Think and talk about ways to cut down your alcohol use